

# CONFIDENTIAL INFORMATION

Welcome. We want to make your appointment as pleasant and comfortable as possible.  
If at any time you have questions regarding your visit, please let us know.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date of Birth (YYMMDD) \_\_\_\_\_

Address \_\_\_\_\_ City/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email \_\_\_\_\_ Occupation \_\_\_\_\_

Insurance/Extended Healthcare Provider: \_\_\_\_\_

**How did you learn about My Toronto Osteopath?**  Google Search  Friend  Doctor Referral  Insurance Site  
 Facebook or Instagram  Other: \_\_\_\_\_

**Are you currently receiving treatment from another healthcare provider?**  Yes  No

**Have you had Osteopathic treatment in the past?**  Yes  No

**Have you had Massage Therapy treatment in the past?**  Yes  No

## Medical History

### Which of the following apply to you?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Insomnia            | <input type="checkbox"/> Nervousness       |
| <input type="checkbox"/> Hernia        | <input type="checkbox"/> STI                 | <input type="checkbox"/> Varicose Veins    |
| <input type="checkbox"/> Headache      | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Surgical Implants |
| <input type="checkbox"/> Cramps        | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Urinary Disorder  |
| <input type="checkbox"/> Fainting      | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Constipation      |
| <input type="checkbox"/> Hypertension  | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Arthritis         |
| <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Atherosclerosis     | <input type="checkbox"/> Dizziness         |
| <input type="checkbox"/> Ulcers        | <input type="checkbox"/> Shortness of Breath |  |
| <input type="checkbox"/> Infection     | <input type="checkbox"/> Asthma              |  |

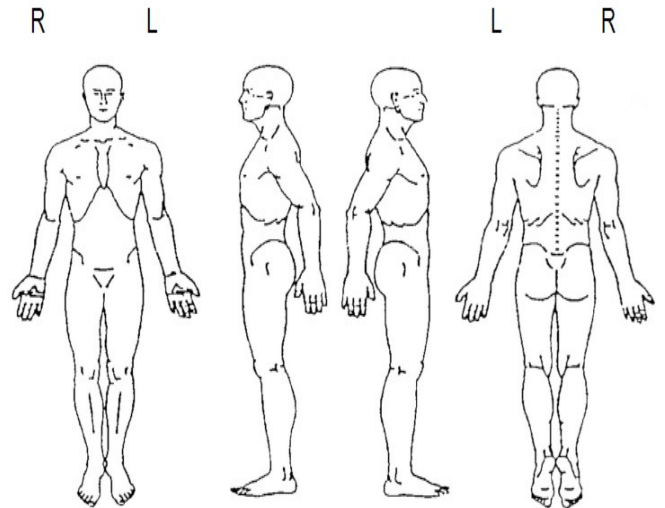
Do you have any allergies?  Yes  No  
Nature of Allergy(ies): \_\_\_\_\_

Have you had surgery?  Yes  No  
Nature of surgery: \_\_\_\_\_

Date of Surgery: \_\_\_\_\_

Are you currently pregnant?  Yes  No

Indicate on the diagram where you feel discomfort.



**Main Complaint(s):** \_\_\_\_\_

**Other Complaint(s):** \_\_\_\_\_

**Type of pain:** \_\_\_\_\_ **What relieves the pain?** \_\_\_\_\_

**Have you suffered any injuries or illness?** \_\_\_\_\_

**Describe injury/illness (if applicable)** \_\_\_\_\_

**Date of injury (if applicable)** \_\_\_\_\_  
(YYMMDD)

**Date of initial Health History:** \_\_\_\_\_  
Update 1: \_\_\_\_\_  
Update 2: \_\_\_\_\_  
Update 3: \_\_\_\_\_  
Update 4: \_\_\_\_\_

# My Toronto Osteopath

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## Informed Consent for Osteopathy and Massage Therapy

I                                           give my full and voluntary consent to osteopathic treatment by a qualified osteopathic manual practitioner. The practitioner has thoroughly explained alternative treatment where applicable and relevant, and the possible risks and side-effects of the proposed treatment plan.

I understand that I may stop treatments at any time. At any given time throughout my treatments, I may request the practitioner to stop, modify or change the treatment plan. Inappropriate actions or language is cause for termination of treatment. The practitioner reserves the right to refuse service to anyone.

I acknowledge and understand that the Osteopathic Manual Therapist must be fully aware of my existing medical conditions. I have completed my medical history form as provided by my Osteopathic Manual Therapist and have disclosed to the Osteopathic Manual Therapist all of those medical conditions affecting me. **It is my responsibility to keep the practitioner updated on my medical history.** The information I have provided is true and complete to the best of my knowledge.

I understand the fee schedule, and that payment is due when services are rendered along with any other statements pertaining to pay schedules. I acknowledge I have read this consent and I have discussed, or have been offered the opportunity to discuss, the nature of and treatment in general, the treatment options and recommendations for my condition and the contents of this Consent.

**I understand that failure to notify the practitioner or reception of inability to attend my scheduled appointment 24 hours in advance may result in a charge of the full price of my session.**

I have read the above and understand the consent to the above terms and to the osteopathic and/or massage therapy treatment.

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Practitioner's Signature: \_\_\_\_\_

Witness: \_\_\_\_\_

**Complete if patient is under 18 years old:**

Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Contact Number: \_\_\_\_\_

*Thank you for entrusting us with assisting you in your wellbeing*